



COMPETITION SYLLABUS JUNIOR

mòd
phàislig 2023

KEY: **Open** - Open to Fluent and Learner **Mixed** - Open to Boys and Girls

The version of the melody provided on prescribed sheet music should be sung as written but the rhythms of the notes can be sung taking account of Gaelic stresses and local dialect variations.

NEW: If a child is being educated through the medium of Gaelic, and will be in Primary 2, or above, at the time of the Royal National Mòd, he/she must be entered into fluent competitions. Children in GME (Gaelic Medium Education) in P1 should enter learner competitions. However, children from P1 who come from a fluent background (whether in GME school or not) i.e. when at least one or both of the parents/guardians speak Gaelic in the home, children should be entered into fluent competitions. Please refer to the 'Guidelines for Families, Schools and Tutors' document for more information. Parents/guardians or teachers of a child with additional support needs (or an exceptional circumstance) and looking to enter a child into different competition, should contact the An Comunn Gàidhealach office. Parents/guardians should use their discretion when entering their child/children into competitions.

SOLO SINGING - FLUENT

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S01	P1 - Mixed	Solo - Fluent	<i>Crodh-laoigh nam bodach</i>	Singing a prescribed song
S02 (B)	P2 - Boys	Solo - Fluent	<i>Chun an Eilein</i>	Singing a prescribed song
S02 (G)	P2 - Girls	Solo - Fluent	<i>Chun an Eilein</i>	Singing a prescribed song
S03 (B)	P3 - Boys	Solo - Fluent	<i>Buain a' choirce</i>	Singing a prescribed song
S03 (G)	P3 - Girls	Solo - Fluent	<i>Buain a' choirce</i>	Singing a prescribed song
S04 (B)	P4 - Boys	Solo - Fluent	<i>Botannan mòra</i>	Singing a prescribed song
S04 (G)	P4 - Girls	Solo - Fluent	<i>Botannan mòra</i>	Singing a prescribed song
S05 (B)	P5 - Boys	Solo - Fluent	<i>An tèid thu leam a' Mhàiri?</i>	Singing a prescribed song
S05 (G)	P5 - Girls	Solo - Fluent	<i>Seinn o churadail</i>	Singing a prescribed song
S06 (B)	P6 - Boys	Solo - Fluent	<i>Ho rò tha mi sunndach</i>	Singing a prescribed song
S06 (G)	P6 - Girls	Solo - Fluent	<i>Ho rò tha mi sunndach</i>	Singing a prescribed song
S07 (B)	P7 - Boys	Solo - Fluent	<i>Dol do dh'Uibhist</i>	Singing a prescribed song
S07 (G)	P7 - Girls	Solo - Fluent	<i>Mo dhachaigh</i>	Singing a prescribed song
S08 (B)	11-12 - Boys (Secondary)	Solo - Fluent	<i>Càite bheil i ann a Muile</i>	Singing a prescribed song
S08 (G)	11-12 - Girls (Secondary)	Solo - Fluent	<i>An t-eilean àlainn</i>	Singing a prescribed song
S09 (B)	13-15 - Boys	Solo - Fluent	<i>Òran na Cloiche</i>	Singing a prescribed song
S09 (G)	13-15 - Girls	Solo - Fluent	<i>Fear a' chòta ruaidh</i>	Singing a prescribed song

SOLO SINGING - LEARNER

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S10 (B)	P1 - Boys	Solo - Learner	<i>Crathaidh mi mo làmh</i>	Singing a prescribed song
S10 (G)	P1 - Girls	Solo - Learner	<i>Crathaidh mi mo làmh</i>	Singing a prescribed song
S11	P2 & 3 - Mixed	Solo - Learner	<i>Chuir iad mis' a dh'eilean leam fhìn</i>	Singing a prescribed song
S12	P4 & 5 - Mixed	Solo - Learner	<i>Air an Tràigh</i>	Singing a prescribed song
S13	P6 & 7 - Mixed	Solo - Learner	<i>Cur cùlaibh ri Asainte</i>	Singing a prescribed song
S14 (B)	11-12 - Boys (Secondary)	Solo - Learner	<i>O mo nighean donn nan gobhar</i>	Singing a prescribed song
S14 (G)	11-12 - Girls (Secondary)	Solo - Learner	<i>Thàinig an gille dubh</i>	Singing a prescribed song
S15 (B)	13-15 - Boys	Solo - Learner	<i>Hì ho rò tha mi duilich</i>	Singing a prescribed song
S15 (G)	13-15 - Girls	Solo - Learner	<i>Eilean Idhe</i>	Singing a prescribed song

SOLO SINGING - OPEN TO LEARNER & FLUENT PARTICIPANTS

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S16 (B)	16-18 - Boys	Solo - Open	<i>Own Choice</i>	Singing of one song. Own choice.
S16 (G)	16-18 - Girls	Solo - Open	<i>Own Choice</i>	Singing of one song. Own choice.



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TRADITIONAL SINGING - FLUENT

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S20	Under 11 - Girls	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S21	11-12 - Girls	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S22	Under 13 - Boys	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S23 (B)	13-15 - Boys	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S23 (G)	13-15 - Girls	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S24 (B)	16-18 - Boys	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.
S24 (G)	16-18 - Girls	Solo - Traditional - Fluent	<i>Own Choice</i>	One song sung in the traditional style.

TRADITIONAL SINGING - LEARNER

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S25	Under 13 - Mixed	Solo - Traditional - Learner	<i>Own Choice</i>	One song sung in the traditional style.
S26	13-15 - Mixed	Solo - Traditional - Learner	<i>Own Choice</i>	One song sung in the traditional style.
S27	16-18 - Mixed	Solo - Traditional - Learner	<i>Own Choice</i>	One song sung in the traditional style.

PREVIOUS WINNERS - OPEN TO LEARNER & FLUENT PARTICIPANTS

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
S28	Under 19 - Mixed	Solo Singing – Open to Fluent & Learners	<i>Own Choice</i>	One own choice song. Open to previous winners of other competitions.

CHORAL - FLUENT

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C01	Under 13 Years	Choral - Unison - Fluent	<i>Tom an t-Searraich</i>	One prescribed song. One own choice.
C02	Under 13 Years	Choral - Harmony - Fluent	<i>O luaidh</i>	One prescribed song. One own choice.
C03	Under 13 Years	Choral - Puirt-à-Beul - Fluent	<i>Bha m' inntinn raoir a-nochd 's a-raoir / Dòmhnall bân nan gobhar</i>	One prescribed song. One own choice.

CHORAL - LEARNER

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C04	Under 13 Years*	Choral - Unison - Learner	<i>Tiugainn do Scalpaigh</i>	One prescribed song. One own choice.
C05	Under 13 Years*	Choral - Harmony - Learner	<i>Leis an Lurgainn</i>	One prescribed song. One own choice.
C06	Under 13 Years*	Choral - Puirt-à-Beul - Learner	<i>Tha brògan ùr' agam a-nochd/ Tha thusa luaidh, buidhe ruadh</i>	One prescribed song. One own choice.

* School, Area, District or Town Choir



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CHORAL - OPEN

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C07	Under 13 Years*	Choral - Unison - Open	<i>Thèid mise 's tusa màireach</i>	One prescribed song. One own choice.
C08	13-18 Years	Choral - Unison - Open	<i>Crò Chinn t-Sàile</i>	One prescribed song. One own choice.
C09	13-18 Years	Choral - Harmony - Open	<i>Air fail il o iriag</i>	One prescribed song. One own choice.
C10	13-18 Years	Choral - Puirt-à-Beul - Open	<i>I dal u dal tilg an cuigeal / A-null thar nan eileanan</i>	One prescribed song. One own choice.
C11	Under 19 Years**	Choral - Unison - Open	<i>Illean bithibh sunndach</i>	One prescribed song. One own choice.
C12	Under 19 Years**	Choral - Harmony - Open	<i>Air a' ghille tha mo rùn</i>	One prescribed song. One own choice.
C13	Under 19 Years**	Choral - Puirt-à-Beul - Open	<i>M' eudail air do shùilean donna / Ciobairean taobh Loch Odha</i>	One prescribed song. One own choice.

*Confined to primary schools in rural areas excluding towns with a population of 2000 or more. **School, Area, District or Town Choir

ACTION SONG

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C14	Under 13 Years	Action Song - Open	<i>Own Choice</i>	Song with actions illustrative of the theme or demonstration of labour action accompanied by song.

WAULKING SONG

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C15	Under 19 Years	Waulking Song - Open	<i>Own Choice</i>	Sing waulking songs of own choice. Any number of songs may be sung, which may, but not necessarily, include an 'òran basaidh', within a time limit of 10 minutes. Groups must consist of at least 7 persons, with one, or more soloists, if preferred. The singing will be in unison. Any variations to unison singing should be strictly in accordance with local traditional approaches to the singing of waulking songs. Spoken input as part of the performance, or preceding the singing of another song, is also at the discretion of the group.

PRESENTING A PSALM

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C16	Under 13 Years	Presenting a Psalm - Open	<i>Own Choice</i>	Present, in a traditional manner, two verses of an own choice psalm to a tune chosen from The Scottish Psalmody. 'Congregation' support will be provided by the competitor's own choir or group. Group must consist of at least 6 people.
C17	Under 19 Years	Presenting a Psalm - Open	<i>Own Choice</i>	

DUET SINGING

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
C18	Under 13 Years	Duet - Mixed - Fluent	<i>Own Choice</i>	One song. Own choice. In harmony.
C19	Under 13 Years	Duet - Mixed - Learner	<i>Own Choice</i>	One song. Own choice. In harmony.
C20	13-18 Years	Duet - Mixed - Open	<i>Own Choice</i>	One song. Own choice. In harmony.



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POETRY RECITATION - FLUENT

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
BA01	P1 - Mixed	Poetry Recitation - Fluent	<i>Cha tèid mise dha mo leabaidh</i>	Recitation of a prescribed piece of poetry. No actions.
BA02	P2 - Mixed	Poetry Recitation - Fluent	<i>Tha mi fhathast ro òg</i>	Recitation of a prescribed piece of poetry. No actions.
BA03	P3 - Mixed	Poetry Recitation - Fluent	<i>Feumaidh mise èirigh tràth</i>	Recitation of a prescribed piece of poetry. No actions.
BA04	P4 - Mixed	Poetry Recitation - Fluent	<i>Ruigidh Each Mall Muileann</i>	Recitation of a prescribed piece of poetry. No actions.
BA05	P5 - Mixed	Poetry Recitation - Fluent	<i>Dol Fodha Na Grèine</i>	Recitation of a prescribed piece of poetry. No actions.
BA06	P6 - Mixed	Poetry Recitation - Fluent	<i>An Oidhche Ron Nollaig</i>	Recitation of a prescribed piece of poetry. No actions.
BA07	P7 - Mixed	Poetry Recitation - Fluent	<i>Grabhataidh</i>	Recitation of a prescribed piece of poetry. No actions.
BA08	11-12 Years (Secondary) - Mixed	Poetry Recitation - Fluent	<i>Cur-Seachad</i>	Recitation of a prescribed piece of poetry. No actions.
BA09	13-15 Years	Poetry Recitation - Fluent	<i>Slabhraidh nan Linntean</i>	Recitation of a prescribed piece of poetry. No actions.

POETRY RECITATION - LEARNER

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
BA10	P1 - Mixed	Poetry Recitation - Learner	<i>An Luch</i>	Recitation of a prescribed piece of poetry. No actions.
BA11	P2 & 3 - Mixed	Poetry Recitation - Learner	<i>Tha mise cluinntinn fuaim</i>	Recitation of a prescribed piece of poetry. No actions.
BA12	P4 & 5 - Mixed	Poetry Recitation - Learner	<i>Fàilte Don Chiad Uan</i>	Recitation of a prescribed piece of poetry. No actions.
BA13	P6 & 7 - Mixed	Poetry Recitation - Learner	<i>An Uair a Bha Mo Mhàthair Òg</i>	Recitation of a prescribed piece of poetry. No actions.
BA14	11-12 Years (Secondary) - Mixed	Poetry Recitation - Learner	<i>Aodainn</i>	Recitation of a prescribed piece of poetry. No actions.
BA15	13 -15 Years - Mixed	Poetry Recitation - Learner	<i>Iasgair</i>	Recitation of a prescribed piece of poetry. No actions.

STORYTELLING - OPEN

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
BA16	5-8 Years - Mixed	Storytelling - Open	<i>Own Choice</i>	Tell a story of own choice. Maximum time is 4 minutes.
BA17	9-10 Years - Mixed	Storytelling - Open	<i>Own Choice</i>	Tell a story of own choice. Maximum time is 4 minutes.
BA18	11-12 Years - Mixed	Storytelling - Open	<i>Own Choice</i>	Tell a story of own choice. Maximum time is 4 minutes.
BA19	13-18 Years - Mixed	Storytelling - Open	<i>Own Choice</i>	Tell a story of own choice. Maximum time is 5 minutes.



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DRAMA - OPEN

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
D01	Under 13 Years	Drama - Open	<i>Own Choice</i>	Original play devised and staged by school or group presenting the playlet. Time allowed (including set-up and removal of props) is 20 minutes.
D02	Under 19 Years	Drama - Open	<i>Own Choice</i>	Original play devised and staged by school or group presenting the playlet. Time allowed (including set-up and removal of props) is 20 minutes.

INSTRUMENTAL - OPEN

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
I01	Under 13 Years	Piano	<i>Own Choice</i>	Play a slow Gaelic Air and March.
I02	Under 19 Years	Piano	<i>Own Choice</i>	Play a selection of traditional tunes.
I03	Under 13 Years	Accordion (Piano or 3/4/5 row button with Stradella bass)	<i>Own Choice</i>	Play a March, Strathspey and Reel in the Highland/Gaelic/Piping idiom.
I04	Under 19 Years	Accordion (Piano or 3/4/5 row button with Stradella bass)	<i>Own Choice</i>	Play a March, Strathspey and Reel in the Highland/Gaelic/Piping idiom.
I05	Under 19 Years	Accordion (Piano or 3/4/5 row button with Stradella bass)	<i>Own Choice</i>	Play a selection of contemporary traditional tunes.
I06	Under 13 Years	Melodeon (single/double row with simple Diatonic bass)	<i>Own Choice</i>	Play a March, Strathspey and Reel in the Highland/Gaelic/Piping idiom.
I07	Under 19 Years	Melodeon (single/double row with simple Diatonic bass)	<i>Own Choice</i>	Play a March, Strathspey and Reel in the Highland/Gaelic/Piping idiom.
I08	Under 13 Years	Fiddle	<i>Own Choice</i>	Play a slow Gaelic Air and March, followed by a Strathspey and Reel. Own choice. The Strathspey and Reel should be of Gaelic origin.
I09	Under 19 Years	Fiddle	<i>Own Choice</i>	Play a slow Gaelic Air and March, followed by a Strathspey and Reel. Own choice. The Strathspey and Reel should be of Gaelic origin.
I10	Under 19 Years	Fiddle Group	<i>Own Choice</i>	Play a minimum of 3 tunes in different tempos in traditional Highland style. Performance not to exceed 5 minutes.
I11	Under 13 Years	Cogadh nan Còmhlan (Battle of the Bands)	<i>Own Choice</i>	Bands should be a minimum of 3 members but no more than 8 members. For the first heat, bands should perform one Gaelic song or one traditional instrumental set. If the band qualifies for the final, bands should perform two pieces which can either be Gaelic songs or traditional instrumental sets. A basic PA system will be provided. If you have any special requests for a PA set up, please contact the Mòd office well in advance of the competition. The first heat of this competition will take place on Monday of the Mòd week. The final will take place on Tuesday of the Mòd week.
I12	Under 19 Years	Cogadh nan Còmhlan (Battle of the Bands)	<i>Own Choice</i>	



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CHANTER/BAGPIPES

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
P01	Under 13 Years	Chanter	<i>Own Choice</i>	Play a 2/4 March. 2 parts only.
P02	Under 13 Years	Chanter	<i>Own Choice</i>	Play a Gaelic Air. 2 parts only.
P03	Novice*	Bagpipes	<i>Own Choice</i>	Play a 2/4 March.
P04	15 Years & Under	Bagpipes	<i>Own Choice</i>	Play a 2/4 March. Minimum 4 parts.
P05	15 Years & Under	Bagpipes	<i>Own Choice</i>	Play a Strathspey and Reel. Minimum 4 parts.
P06	15 Years & Under	Bagpipes	<i>Own Choice</i>	Play a Jig. Minimum 4 parts.
P07	15 Years & Under	Bagpipes	<i>Own Choice</i>	Play the ground of a Piobaireachd.
P08	15 Years & Under	Bagpipes	<i>Own Choice</i>	Piobaireachd.
P09	16-18 Years	Bagpipes	<i>Own Choice</i>	Play a 2/4 March, Strathspey and Reel. Minimum 4 parts each.
P10	16-18 Years	Bagpipes	<i>Own Choice</i>	Play a Hornpipe & Jig.
P11	16-18 Years	Bagpipes	<i>Own Choice</i>	Piobaireachd.

*Pipers in their first full year of playing the bagpipes

Chanter/Bagpipes - Competition Rules: (to be read in conjunction with the Royal National Mod Competition Rules)

1. This is a competition open to Junior players aged 18yrs and under who have not competed in any adult Bagpipe competition.
2. Competitors must be within the prescribed age group on the first day of October of the year in which the Mòd is held.
3. Competitors in events P01 and P02 are not eligible for other events.
4. Competitors in event P03 are not eligible for other events other than P07 subject to age qualification.
5. Competitors entering event P08 cannot also compete in P07.
6. Competitors who have performed a full Piobaireachd in any competition cannot compete in event P07.
7. Competitors may only enter events in their own age group.
8. Competitors must be prepared to present themselves in the order of play as specified in the programme, or as directed by the Stewards. Failure to do so may mean disqualification.

CLÀRSACH

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
CL01	Mixed abilities	Junior Self-accompaniment	<i>Own Choice</i>	Own choice of two contrasting Gaelic songs with Clàrsach accompaniment. Not to exceed 5 minutes.
CL02	Up to Grade 1	Junior Introductory	<i>Own Choice</i>	Own choice instrumental piece of Gaelic origin. The Clarsach Society publishes an Introductory folio where appropriate music for this level can be found.
CL03*	Grade 1	Junior Elementary	<i>'Bhodach nam Brigeis</i>	Solo playing of two pieces of music of Gaelic origin. One own choice (not exceeding 3 minutes) and one prescribed piece.
CL04*	Grade 2-3	Junior Intermediate 1	<i>Eoghann Bàn</i>	Solo playing of two pieces of music of Gaelic origin. One own choice (not exceeding 3 minutes) and one prescribed piece.
CL05*	Grade 3-4	Junior Intermediate 2	<i>An Eala Bhàn</i>	Solo playing of two pieces of music of Gaelic origin. One own choice (not exceeding 3 minutes) and one prescribed piece.
CL06*	Grade 5	Junior Advanced	<i>An t-Eilean Muileach</i>	Solo playing of two pieces of music of Gaelic origin. One own choice (not exceeding 4 minutes) and one prescribed piece.

*Grades refer to RCS Scottish Traditional Music Exam syllabus. Own choice pieces should be of a comparable standard to those set in this syllabus.



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CLÀRSACH

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
CL07	Grade 6 and above	Junior Recital Class	<i>Own Choice</i>	Open to any players of gut and/or wire harp. A well-balanced 10 minute programme of own choice music of Gaelic origin, to include spoken introductions in Gaelic or English, by the competitor, who may include his/her own arrangement(s) in the programme.
CL08	Under 13 - Mixed Abilities	Junior Duets	<i>Own Choice</i>	Own choice of a piece or set of pieces of Gaelic origin. Not to exceed 5 mins.
CL09	13-18 Years - Mixed Abilities	Junior Duets	<i>Own Choice</i>	Own choice of a piece or set of pieces of Gaelic origin. Not to exceed 5 mins.

Competitors should ensure that their own choice music is of Scottish Gaelic origin. This is defined as the melody of a Scottish Gaelic song, or a dance tune or slow air from the Scottish Gaelic tradition, and in the Scottish Gaelic idiom.

CL105	Open* *Junior & Senior. This is one competition. Mixed abilities.	Clàrsach Composition - Open	<i>Own Choice</i>	An original composition lasting between 3 and 5 minutes, for a) solo Clàrsach in the style of a slow air, pipe march, strathspey, jig, reel or a set of tunes, or b) voice and Clàrsach. In the case of a) competitors may perform their own work or provide a player. In the case of b) competitors may perform their own work or provide a player and/or singer. A copy of the words (with translation) must be submitted to the Mod office. The quality of the composition will be judged - not the performance. Manuscripts are NOT required.
CL106	Open* *Junior & Senior. This is one competition. Mixed abilities.	Clàrsach Ensembles - Open	<i>Own Choice</i>	Any number of instruments or voices, but to include no fewer than three clàrsachs. Own choice music of Gaelic origin. Not to exceed 6 minutes in total. No marks will be given for this class. The adjudicator(s) will give an appreciation of each performance and announce the winners.

MEDIA, ART & LITERATURE

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
M01	Open	Radio Piece/Podcast	<i>Own Choice</i>	Prepare a Gaelic language radio programme or Podcast not exceeding 10 minutes duration of the topic of 'Fallaineachd agus Slàinte inntinn' / 'Well-being and mental health'. Entries should be submitted via Soundfile by email. If you are interested in a career in radio, this could be the perfect opportunity to gain some experience and get some feedback. Up to 6 pupils can be involved in the project.
M02	Open	Short Film/Vlog	<i>Own Choice</i>	Prepare and present a short Gaelic language film/Vlog not exceeding 10 minutes duration on the topic of 'Fallaineachd agus Slàinte inntinn' / 'Well-being and mental health'. Entries can be submitted via Youtube or by link. If you are looking to get involved in Gaelic media, why not share some of your creative ideas by entering this competition.



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MEDIA, ART & LITERATURE

COMP NO.	AGE CATEGORY	DESCRIPTION	PRESCRIBED PIECE	COMPETITION INFORMATION
M03	Open	TikTok	<i>Own Choice</i>	Create, in Gaelic, a TikTok video - maximum duration of 3 minutes. The theme is open to competitors but should promote the Gaelic language and culture. Comedy videos are particularly welcome. Videos should be uploaded by Friday 13th October 2023 by tagging the Royal National Mod and using the hashtag #modphaislig2023.
E01	5-6 Years	Art - Open	<i>Own Choice</i>	Prepare a poster with Gaelic word content on a topic of your own choice or on 'Fallaineachd agus Slàinte inntinn' / 'Well-being and mental health'. Please ensure only your pen name is on the poster.
E02	7-8 Years	Art - Open	<i>Own Choice</i>	
E03	9-10 Years	Art - Open	<i>Own Choice</i>	
E04	11-12 Years	Art - Open	<i>Own Choice</i>	
E05	13-15 Years	Art - Open	<i>Own Choice</i>	
L01	9-10 Years	Literacy - Open	<i>Own Choice</i>	Junior entries should be typewritten, uncorrected original work. Write a short story, poem or newspaper article on a topic of your own choice or on 'Fallaineachd agus Slàinte inntinn' / 'Well-being and mental health'. Entries should bear the competitor's PEN-NAME at the top of the first sheet. It is important that PEN-NAMES are used in all literary competitions as this is the names seen by adjudicators.
L02	11-12 Years	Literacy - Open	<i>Own Choice</i>	
L03	13-15 Years	Literacy - Open	<i>Own Choice</i>	
L04	16-18 Years	Literacy - Open	<i>Own Choice</i>	

HIGHLAND DANCING

CATEGORIES

A: 16 Pas de Basques	E: Seann Truibhas	I: Scottish Lilt
B: P de B & High Cuts	F: Hullachan (Half Tulloch)	J: Barrack's Johnny
C: Highland Fling	G: Trophy Highland Fling	K: Sailors' Hornpipe
D: Sword Dance	H: Flora McDonald	

SECTION	ORDER OF EVENTS	AGES	COMPETITION INFORMATION
Primary	A B C D	4, 5 & 6 Years	All competitors must be registered with the SOBHD and all registration cards shown. Organisers reserve the right to alter age groups according to entry. Annual trophies awarded in each age group over all dances, except Primary section.
Beginner & Novice	C D E F G H I	8 Years & Under 9 Years & Under 11 Years 11 Years & Under 13 Years 13 Years & Under 16 Years	
Intermediate	C D E F G H I K	9 Years & Under 10 Years & Under 12 Years 12 Years & Under 14 Years 14 Years & Under 17 Years	
Premier	C D E F G H I K	Under 10 Years 10, 11, 12 & 13 Years 14, 15 & 16 Years and over	

Entries may be made online at
www.toeandheel.com

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