

# Mòd Ionadail Chataibh is Ghallaibh *Sutherland & Caithness Provincial Mod*



**Àrd Sgoil Fàr  
Am Blàran Odhar**  
Disathairne 3 An t-Òg-Mhìos

***Farr High School, Bettyhill***  
*Saturday 3<sup>rd</sup> June 2023*

## **Clàr-obrach** *Syllabus*

Please direct any queries and question to our new e-mail address:  
[bettyhillmod@gmail.com](mailto:bettyhillmod@gmail.com)

## Standard Rules for Provincial Mod

1. **Entries:** Competitors in all sections of the syllabus must enter their names with the **Mod Chairperson** by the 26<sup>TH</sup> May 2023. There are a variety of options to submit your entries: You can **post or e-mail** the entry form at the end of the syllabus or if you would like a link to the online entry form, please e-mail [bettyhillmod@gmail.com](mailto:bettyhillmod@gmail.com) and we can share this with you.
2. All literary and art work (Junior and Senior) must be done in the presence of a tutor or supervisor and sent to the **Mod Chairperson** by no later than **26<sup>th</sup> May 2023** sealed and marked "**Literary Competitions**" "**Art Competitions**", as appropriate. Competitors are responsible for collecting their OWN CHOICE music, Art work etc from the Mod Office before departing for home.
3. All written, spoken or sung matter must be in Gaelic.
4. Competitors may enter more than one competition but must not sing the same song or play the same tune.
5. Competitors who may be in doubt as to the eligibility of certain songs or airs may have their doubts resolved by timely application to the Mod Chairperson.
6. Junior competitors must be within prescribed age group on 1<sup>st</sup> October 2023.
7. **Fluency**
  - a. If a child is being educated through the medium of Gaelic, he/she will be entered in Fluent Competitions from the start of Primary 4 of given National Mod year
  - b. Fluent speakers must not be entered into Learner competitions. However learners may take part in fluent competitions in certain cases ( e.g. duets)
8. Junior solo singers are limited to **20 lines** per song.
9. Senior solo singers are limited to **28 lines** per song. This does not apply to Traditional competitions.
10. The Adjudicator may at any time call on the Competitor to stop reading, reciting, narrating, singing or playing.
11. No reading or recitation shall exceed 4 minutes in delivery.
12. The **Kennedy-Fraser** competition is the only competition where an **accompanist** is allowed.
13. Members of **Folk groups** may not refer to words or music during performance.
14. Competing in any of the piping competitions will automatically exclude a competitor from taking part in the Chanter competitions.
15. Folk Groups and instrumental groups must consist of a **minimum** of 3 and a **maximum** of 6 players.  
Fiddle Groups can include the following instruments: **fiddle, viola, cello, accordion, double bass, piano, melodeon, whistles ,guitar, clarsach or small pipes** . A member of one group cannot play in another group.

16. Junior choirs must consist of at least **8** and not more than **26** voices. Senior mixed choirs must consist of at least **12** and not more than **30** voices. Ladies and male voice choirs must consist of at least **10** and not more than **30** voices.
17. **OWN CHOICE** music  
Where Competitors have the option of choosing their own songs, they must supply
- **two copies** of words and music plus an English translation.
  - **For the Kennedy – Fraser competition – three copies are required.**
  - For senior choirs, **four copies** of words and music are required, along with **two** copies of the translation.
- These must be in the hands of the Mod Chairperson **by 26<sup>th</sup>. May 2023.**  
Failure to comply with this instruction will result in marks being deducted as per National Mod Rules- Own Choice Music.
- A copy of the **words only** is required for all **Traditional** singing competitions.
18. Competitors in Instrumental Competitions may refer to music during the performance as per the Syllabus of the National Mod. A copy of the music must be available for adjudicators.
19. **Protests** against eligibility of Competitors' must be made to the Mod Secretary before the results are announced or where possible before the competition has been entered upon and must be **in writing** and must contain a clear statement of the condition and the alleged disqualification. Each protest must be accompanied by a deposit of **£3.00** which will be returned if the protest is sustained. The deposit will be forfeited if, on due enquiry, it is found that there has been no infringement of the Conditions of this Syllabus. Protests can only be entered by those interested as competitors in that particular competition in connection with which the protest is raised. In all cases the decision of the judges shall be final.
20. **Coaching or miming is strictly forbidden** by teachers or members of the audience whilst a competitor is performing. The Chairman has the authority to request offenders leave the competition.
21. **Adjudication:** Competitors can expect a general oral adjudication following each competition and marks recorded. Adjudication sheets may be collected from the Mod Office after a suitable interval from the close of the competition.
22. Competitors should appear in the order balloted. If they are delayed at another competition or venue they must advise the chairperson of the appropriate competition. Every effort will be made to hold a competition open but the length of time is at the reasonable discretion of the Mod office.
23. Competitors must inform the steward of the appropriate competition as soon as possible if they wish to withdraw from a competition.

*Your attention is drawn to the **OWN CHOICE** music requirement: Adjudicators need to be forwarded copies of ALL own choice music and song translations to familiarise them with the piece, in advance of Mod date.  
Please make sure you note that **May 26<sup>th</sup> 2023** is the deadline!*

## **Farpaisean Òigridh**

## **Junior Competitions**

### **BEUL AITHRIS agus LITREACHAS**

#### **Litreachas**

#### **Literature**

1. Write either a **short story, poem** or **Newspaper Article** in Gaelic.  
(Approx 200 words). **Learners**  
a) Primary b) Secondary
- 1A. Write either a **short story, poem** or **Newspaper Article** in Gaelic  
(Approx 200 words). **Fluent**  
a) Primary b) Secondary
- 1B. Prepare a **Poster** with Gaelic word content on a subject of own choice.  
a) 5 – 8 years b) 9 – 12 years c) 13 – 15 years d) 16 – 18 years  
(A3 maximum size of poster)

#### **Aithris bàrdachd ainmichte**

#### **Reciting prescribed poetry**

##### **Luchd-Ionnsachaidh**

##### **Learners**

1. P1 Boys and Girls *An Luch*
2. P2/3 Boys and Girls *Tha mise cluinntinn fuaim*
3. P4/5 Boys and Girls *Fàilte Don Chiad Uan*
4. P6/7 Boys and Girls *An Uair a Bha Mo Mhàthair Òg*
5. Secondary 11 and 12 Years Boys and Girls *Aodainn*
6. 13-15 Years Boys and Girls *Iasgair*

##### **Fileantaich**

##### **Fluent**

- 1A. P1 Boys and Girls *Cha tèid mise dha mo leabaidh*
- 2A. P2/3 Boys and Girls *Tha mi fhathast ro òg OR Feumaidh mise èirigh tràth*
- 3A. P4/5 Boys and Girls *Ruigidh Each Mall Muileann OR Dol Fodha Na Grèine*
- 4A. P6/7 Boys and Girls *An Oidhche Ron Nollaig OR Grabhataidh*
- 5A. Secondary 11 and 12 Years Boys and Girls *Cur-Seachad*
- 6A. 13-15 Years Boys and Girls *Slabhraidh nan Linntean*

#### **Leughadh às a' Bhìoball**

7. Reading from the Bible (Children aged 12 and under) **Own Choice**
8. Reading from the Bible (Children aged 13-15) **Own Choice**
9. Reading from the Bible (Juveniles aged 16 – 18) **Own Choice**

#### **Aithris às a' Bhìoball**

10. Reciting from the Bible (Children aged 12 and under) **L Own Choice**
- 10A. Reciting from the Bible (Children aged 12 and under) **Fl. Own Choice**
11. Reciting from the Bible (Children aged 13-15) **OPEN Own Choice**
- 11A. Reciting from the Bible (Juveniles aged 16-18) **OPEN Own Choice**

## Aithris sgeulachd

## Storytelling

- |      |   |      |
|------|---|------|
| 12.  | Tell a story of <b>Own Choice</b> (Children aged 7-9) | OPEN |
| 12A. | Tell a story of <b>Own Choice</b> (Children 10-12)    | OPEN |
| 12B  | Tell a story of <b>Own Choice</b> (Juveniles 13 -15)  | OPEN |
| 12C  | Tell a story of <b>Own Choice</b> (Juveniles 16-18)   | OPEN |

## Còmhradh

## Conversation

### Luchd-Ionnsachaidh

### Learners

- 13. Converse with an Adjudicator (Children aged 12 years and under)  
(Maximum conversation time 4 minutes)
- 13A. Converse with an Adjudicator (Children aged 13 - 15)  
(Maximum conversation time 4 minutes)
- 14. Converse with an Adjudicator (Children aged 16 – 18)  
(Maximum conversation time 4 minutes)

### Fileantaich

### Fluent

- 14A. Converse with an Adjudicator (Children aged 12 years and under)  
(Maximum conversation time 4 minutes)
- 15. Converse with an Adjudicator (Children aged 13 – 15)  
(Maximum conversation time 4 minutes)
- 15A. Converse with an Adjudicator (Children aged 16 – 18 years)  
(Maximum conversation time 4 minutes)

## Dealbh-chluich

- 16. **Playlet** (Running time not to exceed 10 minutes) (Primary) **Learners**
- 16A. **Playlet** (Running time not to exceed 10 minutes) (Primary) **Fluent**
- 16B. **Playlet** (Running time not to exceed 10 minutes) (Secondary) **Open**

You are strongly advised to consult the An Comunn Gàidhealach website to check on the current Rules for Royal National Mod competitors, if you intend entering the National Mod. Provincial Mods may vary in their requirements.

[www.ancomunn.co.uk](http://www.ancomunn.co.uk)

## **Seinn** **Seinn òran ainmichte**

### **Luchd-Ionnsachaidh**

17. **Solo** Singing P1 Boys and Girls
18. **Solo** P2/P3 Girls and Boys
19. **Solo** P4/P5 Girls and Boys
20. **Solo** P6/P7 Girls and Boys
21. **Solo** (Girls Age 11 and 12 Secondary)
22. **Solo** (Boys Age 11 and 12 Secondary)
23. **Solo** (Girls Age 13-15)
24. **Solo** (Boys Age 13-15)

### **Fileantaich**

- 17A **Solo** Singing P1 Boys and girls
- 18A **Solo** P2/P3 Girls and Boys \*
- 19A **Solo** P4/P5 Girls and Boys \*
- 20A **Solo** P6/7 Girls and Boys \*
- 21A **Solo** Girls 11-12 Secondary
- 22A **Solo** Boys 11-12 Secondary
- 23A **Solo** Girls 13-15
- 24A **Solo** Boys 13-15

\* If sufficient entries are received, competitions 18A, 19A and 20A will be split into further sections.

### **Fosgailte**

25. **Solo** Singing (Girls 16-18)
- 25A **Solo** Singing (Boys 16-18)
26. **Solo** Singing in **Traditional style**; Under 16 Open
- 26A. **Solo** Singing Under 16 Open
27. **Solo** Singing of a song by Sutherland Bard
- 27A. **Duet** Singing (ages 13-15)
- 27B **Duet** Singing (ages 16-18)

## **Seinn Chòisirean**

## **Sing ONE song**

28. **Puirt-a-Beul** (Learners U 13)
29. **Primary Schools** (Learners) Unison
30. **Two-part-harmony** (Learners Primary)
31. **Unison Singing** (Learners U 13)
32. **Unison Singing** (Learners 13-18)
33. **Two-part harmony**(Learners 13-18)
34. **Puirt-a-Beul** (Fluent U 13)
- 28A **Unison Singing** (Fluent U 13)
- 29A **Two-part harmony** (Fluent U 13)
- 30A **Unison Singing** (Fluent 13-18)
- 31A **Two-part harmony** (Fluent 13-18)
- 32A **Puirt-a-beul** (Fluent 13-18)

## **Vocal Music** **Sing a prescribed song**

### **Learners**

*Crathaidh mi mo làmhan*  
*Chuir iad mis 'a dh'eilean leam fhìn*  
*Air an Tràigh*  
*Cur cùlaibh ri Asainte*  
*Thàinig an gille dubh*  
*O mo nighean donn nan gobhar*  
*Eilean Idhe*  
*Hì ho rò tha mi duilich*

### **Fluent**

*Crodh-laoigh nam bodach*  
*Chun an Eilein OR Buain a'choirce*  
*Botannan mòra OR An tèid thu leam a' Mhairi? OR Seinn o churadail*  
*Ho rò tha mi sunndach OR Dol do dh'Uibhist OR Mo dhachaigh*  
*An t-eilean àlainn*  
*Càite bheil i ann a Muile*  
*Fear a 'chòta ruaidh*  
*Òran na Cloiche*

### **OPEN**

**Own choice**  
**Own choice**  
**Own Choice**  
**Own Choice**  
**Own Choice**  
**Own Choice**  
**Own Choice**

## **Choral singing**

Set piece 2023 **or** Own choice  
Set piece 2023 **or** Own choice  
Set piece 2023 **or** Own choice  
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## **Còmhlain**

## **Folk Groups**

35. **Singing of a song in the folk idiom** (Primary) Groups must consist of at least **3** and not more than **6** members.
36. **Singing of a song in the folk idiom** (Secondary) Groups must consist of at least **3** and not more than **6** members.

## **Ceòl is Cleas**

## **Action Song**

37. **Action Song** (Primary Schools) **GM** (Not to exceed 10 minutes) **Own Choice**
- 37A **Action Song** (Primary Schools) **Learners** **Own Choice**

## **Òran Luaidh**

## **Waulking Song**

38. **Waulking Song** (Junior Group Under 15) **Own Choice**

## **Clàrsach**

## **Clarsach**

39. **Solo Elementary under 19** **Own Choice**  
2 contrasting Gaelic airs
- 39a **Solo Intermediate under 19** **Own Choice**  
2 contrasting Gaelic airs

## 40. **Cròileagan**

## **Nursery**

- C1. **Action Song** (Gaelic Medium) **Own Choice**
- C1A **Action Song** (Learners) **Own Choice**
- C2. **Art poster/drawing with Gaelic wording** **Own Choice**
- C3. **Gaelic song**-Solo-one verse. **Own Choice**
- C4. **Recitation**-Solo-one verse of a Gaelic poem. **Own Choice**

## **Ceòl Inneil**

## **Instrumental Music**

**In instrumental competitions competitors may refer to music during performance.**

### **Note: Bagpipes**

**All competitors are allowed 3 minutes for tuning after which time they are expected to play or withdraw.**

41. **Bagpipes** – Playing of a 4-part 2/4 March (under 14 years)
- 41A. **Bagpipes** – Playing of a 2-part Strathspey and a 2-part Reel (once through) (Under 14 years)
42. **Bagpipes** – Playing of a 4-part, 2/4 March (Under 16 years)
- 42A. **Bagpipes** – Playing of a 4-part Strathspey and Reel (Under 16 years)
43. **Bagpipes** – Playing of a 4-part, 2/4 March (Under 18 years)
- 43A. **Bagpipes** – Playing of a 4-part Strathspey and Reel (Under 18 years)
44. **Bagpipes** – Playing of a March (Open to OVERALL Prizewinner in 43 & 43A)
- 44A. **Bagpipes** – Playing a Strathspey and Reel (Open to OVERALL Prizewinner in 43 & 43A.)
45. **Bagpipes** – Piobaireachd (under 16 years) Ground (Urlar) and first variation (Previous winners not eligible)
46. **Bagpipes** – Piobaireachd (Own Choice) (under 18 years)
47. **Bagpipes** – Playing of a Piobaireachd (Open) (Own Choice) (Prize winner in Competition 46 will be eligible to enter Comp.47.)
48. **Chanter** – Playing of a two-parted 2/4 March (Primary Pupils/Learners – those who have been playing for less than a year)
49. **Chanter** – Playing of a four-parted 2/4 March (Primary Pupil/Advanced) – those who have been playing for more than one year)
50. **Chanter** – Playing of a four-parted 2/4 March (Secondary)
51. **Bagpipes** – Playing of a March (Novices i.e. those playing Bagpipes for less than one year). Must march when playing.

52. **Violin** – Playing of a slow Gaelic Air (or Air of Highland origin) for those playing the violin for less than one year. (Primary pupils) Own Choice
53. **Violin** – Playing of a slow Gaelic Air and a March Own Choice (Under 13)
54. **Violin** – Playing of a slow Gaelic Air and a March, Strathspey and Reel Own Choice (13 - 15 years)
55. **Violin** – Playing of a slow Gaelic Air and a March, Strathspey and Own Choice (16 – 18 years)
56. **Pianoforte** – Playing of a slow Gaelic Air and a March Own Choice (Primary Pupils)
57. **Pianoforte** – Playing of a slow Gaelic Air and a March Own Choice (Secondary Pupils)
58. **Keyboard** – Playing of a slow Gaelic Air and a March Own Choice (Primary Pupils)
59. **Keyboard** – Playing of a slow Gaelic Air and a March Own Choice (Secondary Pupils)
60. **Piano or Button Key Accordion** – Play 3 contrasting Gaelic Airs  
(Under 13)
61. **Piano or Button Key Accordion** – Play 3 contrasting Gaelic Airs  
(13-18 years )
62. **Whistle** – Playing of 2 Gaelic Tunes Own Choice (Primary Pupils)
63. **Whistle** – Playing of 2 Gaelic Tunes Own Choice (Secondary Pupils)
64. **Whistle** Groups – Playing of 2 Gaelic Tunes.
- 65A. **Fiddle/Accordion Group** – Playing of 3 Scottish Traditional Tunes in different tempos Own Choice (PRIMARY AGED PUPILS)
- 65B. **Fiddle/Accordion Group** – Playing of 3 Scottish Traditional Tunes in different tempos Own Choice (SECONDARY AGED PUPILS)

## **Farpaisean Inblich**

## **Senior Competitions**

### **Litreachas**

### **Literature**

- S1. Compose a **Gaelic Song** – Suitable for a children's competition.
- S2. Write a **Short Story** or Essay on any subject (under 2000 words)
- S3. Write a **Play** – A new play written about any subject.

### **Beul-aithris**

### **Oral Delivery**

- S4. **Reading at Sight** - a piece of Gaelic prose chosen by the Adjudicator
- S5. **Recitation** of a poem. Learners **Own Choice**
- S6. **Recitation** of a prescribed piece of poetry Fluent **Own Choice**
- S7. **Gaelic Speech**, not to exceed 4 minutes delivery.

### **Seinn**

### **Vocal Music**

- S8. **Solo** Singing of a **traditional** song (Male/Female Voices) Learners **Own Choice**
- S9. **Solo** Singing of a **traditional** song (Male/Female Voices) Fluent **Own Choice**
- S10. **Solo** Singing (Female Voices-Fluent) **Own Choice**
- S11. **Solo** Singing (Male Voices- Fluent) **Own Choice**
- S12. **Solo** singing (Female voices –Learners) **Own Choice**
- S13. **Solo** singing (Male voices-Learners) **Own Choice**
- S14. **Solo** Singing of a song by a Sutherland Bard **Open** **Own Choice**
- S15. **Solo** Singing of a song (Male / Female Voices) **Open** **Own Choice**
- S16. **Solo** Singing of a song from Mrs M Kennedy-Fraser's "Songs of the Hebrides". Piano accompaniment is required for this Competition. A copy of words and music is to be submitted to the Adjudicators and the Accompanist will also require a copy of the music. The Provincial Mod Chairperson is to be informed of the Competitor's choice of song by 26<sup>th</sup> May 2023. **OPEN**  
**Competitors must state if they require an accompanist to be provided.**
- S17. **Duet** Singing (Open) **Own Choice**

S18. **Quartet** Singing (Open) **Own Choice**

S19. **Choral** Singing in 4-part harmony (Open) **Own Choice & Set piece for Royal National Mod**

S20. **Choral** Singing (Ladies Voices) (Open) **Own Choice & Set piece for Royal National Mod**

S21. **Choral** Singing of Puirt-a-Beul **Set piece for Royal National Mod**

S22. **Choral** Singing (Male Voices) **Own Choice & Set piece for Royal National Mod**

S22A. Choral Singing for pleasure – Mixed voices. 2 Own Choice Contrasting Pieces

\* \*\*New\*\* Come and sing to receive a written adjudication but no marks or placings!

S23. Singing of 2 Gaelic songs in the **Folk Idiom** – Groups must consist of at least **3** and not more than **6** members.

S24. **Piano and Button Key Accordion** – Playing a March, Strathspey and Reel  
Open

S25. **Violin** – Playing a slow Gaelic Air, March, Strathspey and Reel  
Open

**J/S.26.Fiddle Groups** – Playing a slow Gaelic Air, March, Strathspey and Reel Open

**J/S.27.Whistle** Playing of 3 contrasting Gaelic Tunes  
Open

**J/S 28 Clarsach Solo singing** with self accompaniment **Own Choice** Open

[  
SENIOR **OPEN** COMPETITIONS  
Both Learner and Fluent competitors may compete in  
these.  
**J/S** competitions are also open to Juniors  
]

# **Foirm Òigridh / Junior Entry Form**

**Mòd Ionadail Chataibh is Ghallaibh Sutherland and Caithness Provincial Mod**

<b>Ainm / Name:</b>	<b>Seòladh Post-d / Email address:</b>
<b>Seòladh / Address:</b>	<b>Àireamh Fòn / Contact Tel.</b>
	<b>Roghainn ainm sa Phrògram / Preferred name in Programme:</b>
<b>Còd Puist / Post Code:</b>	<b>Ainm càraid / Duet Partner:</b>
<b>Date of birth (If under 18)</b>	<b>School class in October 2023</b>
<b>Ainm Còisir / Buidheann:</b> <i>Choir / Group Name:</i>	

<b>Competition No. as In Syllabus:</b>	<b>Competition name:</b>

Entries to be submitted by 26<sup>th</sup>. May 2023. Literature, art, music, words and translations by 26<sup>th</sup>. May.

Please detail any special requirements you and / or your group/choir wish to draw to the committee's attention.

Signature of Parent\*/ Guardian\*/ Leader\* \_\_\_\_\_

*\*Delete as appropriate*

Date: \_\_\_\_\_

**Mod Chairperson, Carol-Anne Farquhar:**    bettyhillmod@gmail.com    01641 541 396

(To whom completed entry forms be posted or e-mailed)

# **Foirm Inbhidh / Senior Entry Form**

**Mòd Ionadail Chataibh is Ghallaibh Sutherland and Caithness Provincial Mod**

<b>Ainm / Name:</b>	<b>Seòladh Post-d / Email address:</b>
<b>Seòladh / Address:</b>	<b>Aireamh Fòn / Contact Tel.:</b>
	<b>Roghainn ainm sa Phrògram / Preferred name in Programme:</b>
<b>Còd Puist / Post Code:</b>	<b>Ainm càraid / Duet Partner:</b>
<b>Ainm Còisir / Buidheann:</b> <i>Choir / Group Name:</i>	

<b>Competition No. as In Syllabus:</b>	<b>Competition name:</b>

Entries to be submitted by 26<sup>th</sup>. May 2023. Literature, art, music, words and translations by 26<sup>th</sup>. May.

Please detail any special requirements you and / or your group/choir wish to draw to the committee's attention.

Signature of conductor\*/ Secretary\*/ Leader\* \_\_\_\_\_

*\*Delete as appropriate*

Date: \_\_\_\_\_

**Mod Chairperson, Carol-Anne Farquhar:**  
396

bettyhillmod@gmail.com

01641 541

(To whom completed entry forms be posted or e-mailed)

The Sutherland and Caithness Provincial Mod in Bettyhill is organised by the local committee in association with Fèis air an Oir.

**All correspondence should be addressed to:**

**Chairperson:**

Carol-Anne Farquhar

Àrd na Grèine

Strathy

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Caithness

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